

DofE Wales Leader training

Ramble Worldwide Outdoor Trust Report
July 2025



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Grant Summary

- In July 2024 Ramble Worldwide Outdoor Trust generously awarded DofE Wales a grant of £4,000.
- The grant aim was to help support the provision of bursaries in respect of volunteer leader training courses including-
- Lowland Leader Training and/or Qualification.
- Hill and Moorland Leader Training and/or Qualification.
- Camping Leader/Hill Skills
- 2 day Outdoor First Aid qualification



Our Annual Expedfest

DofE Wales has been running this major outdoor training weekend for volunteer DofE Leaders for several years. We find it the most attractive and cost effective way to support new leader development and to upskill current leaders with quality training.

By using a centre like the National Mountain Centre Plas y Brenin we have a one stop shop of amazing instructors coupled with the outstanding natural landscape of Snowdonia.

We hope you enjoy reading about the course outcomes and feedback from the leaders we have trained thanks to your support.



Lowland Leader Training and Assessment

- Lowland Leader Training - 8
- Lowland Leader Assessment - 3

Achieving a Lowland Leader Award enables the individual to take groups of walkers into the countryside so they can experience the benefits of the great outdoors. The qualification is suitable for new or experienced hike leaders and is a great qualification to support Bronze DofE expeditions.



Hill and Moorland Leader Training/Assessment

- Hill & Moorland Training - 10
- Hill & Moorland Assessment - 3

“To gain meaningful qualifications for both myself and the staff who work at our centre. The subsidized prices means that the qualifications are far more accessible for our staff and it means that more staff members can become qualified. Another huge benefit of Expedfest is the opportunity to speak to other DofE Leaders/Managers and share good practice in an informal environment. Once again, I have come away from the weekend with ideas of how to improve our centre.”

Chris, Gwella Wales, HML Assessment



Hill Skills Course

Hill Skills – 6

The Hill Skills course is a fairly new course and is a great way to learn more about hiking in the hills, including essentials such as navigation techniques and how to plan a great route, it is been developed by Mountain Training.

“ExpedFest was an amazing experience. It helped to enhance my leadership skills, problem solving, developing personal growth, and providing more opportunities to make a difference in young people's lives. Thank you for offering this fab weekend.”

Beth, Amberleigh Therapeutic School, Hill Skills



2 Day Rec First Aid course

2 Day Outdoor First Aid qualification - 12

“It’s an excellent opportunity to meet other leaders as well as DofE Wales staff to share experiences, expertise, resolve issues and queries as well as ask questions. This is in addition to walking away with a wealth of knowledge learned during the course and a qualification which means that I can lead and assess for groups within my organisation.”

Tanya, Coleg Sir Gar, Rec First Aid



Trained Leaders Summary

- Lowland Leader Training - 8
- Lowland Leader assessment - 3
- Hill & Moorland Training - 10
- Hill & Moorland Assessment - 3
- Hill Skills - 6
- 2 day outdoor first aid qualification - 12

In total your terrific grant helped 42 volunteer leaders with their training, they in turn will support hundreds of young people through their DofE!



Positive Impact

Some of our leaders shared how the expedition section had positively impacted a young person in their centre. These opportunities can't happen without trained adults to support.

"We took a group of alternative provision learners out on expedition and it was their first experience of rural areas. Some of the group had never visited a country park, never camped and never walked alone in rural areas before. They all loved it and the group arranged a personal camping trip weeks later. Hopefully this has given them a hobby for life."

Chris – Flintshire County Council, Hill and Moorland Assessment

"We spend our academic year preparing young people for camp! A lot of practice walks, cooking, map reading, first aid and countryside code. All of these sessions give the young person the skills to come on expedition. One young person said she would never come on camp and said she would never go away from home. A week before camp I asked her again and she said in a very stern voice "I will do it to stop you asking". She came on camp and loved it, made a tiktok video and has told me it has changed her life."

Dave – Coleg Cambria, Hill and Moorland Assessment

"A pupils first "real" walk and first time sleeping away from home. Such a confidence boost, proving to themselves they were capable of so much more than they thought!"

Huw – John Frost School, Hill and Moorland Assessment

DofE Wales in numbers

April 2024 - March 2025



15,031

Young people actively doing their DofE



9,746

Young people started their DofE journey



Over

133,588

volunteering hours given by young people



£854,963

Estimated total value of volunteering hours given in support of others

Awards started



Bronze **6,834**



Silver **2,166**



Gold **746**



4,427

Awards were achieved

Awards started by marginalised young people



1,432 (14.7%)
Experiencing poverty



1,260 (12.9%)
From minority ethnic backgrounds



763 (7.8%)
Have additional needs

18.1%

Of 14 year olds in Wales started their Bronze DofE

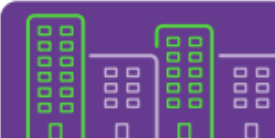


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1,375

Leaders and volunteers delivering DofE programmes



195

Licensed Organisations delivering the DofE

Diolch/Thank you for your support!





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